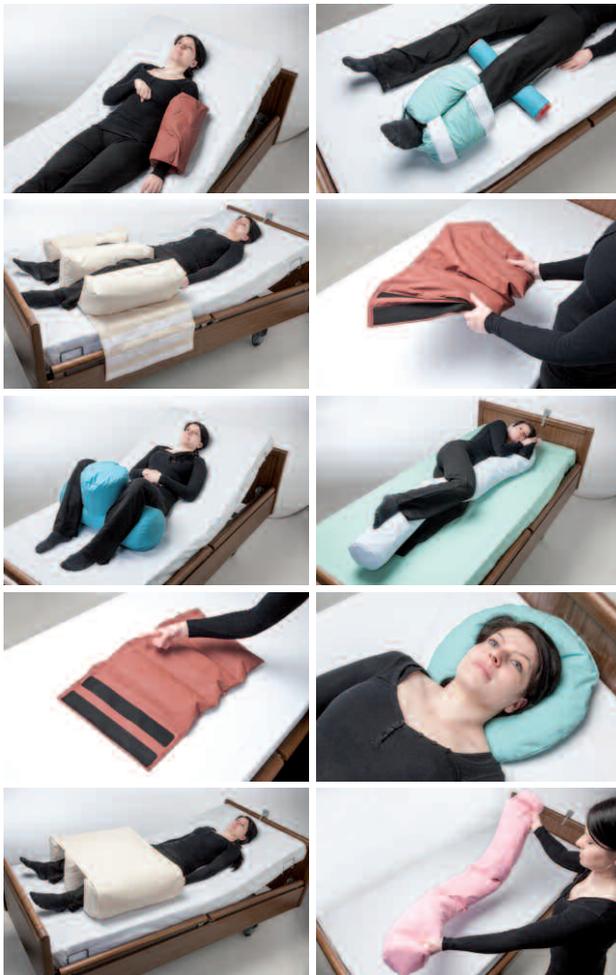


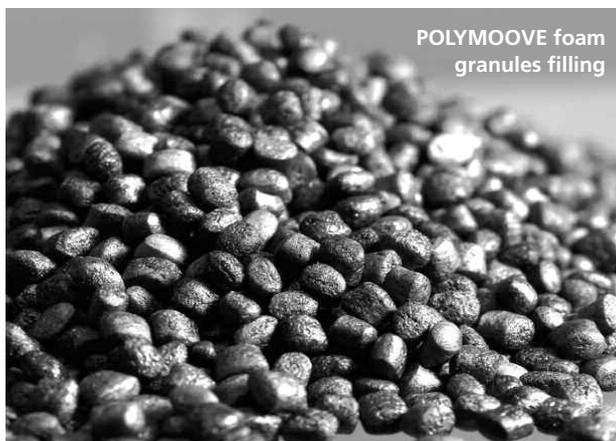


Introducing the OBA Sleep System from Switzerland



- Many disabled people have difficulty falling asleep and even more find staying asleep difficult...
- Spasticity and muscle spasms can be painful and can lead to further disability.
- Positioning at night can provide **stretching** in excess **of 6 hours** which is accepted as being necessary to maintain muscle length.
Ref. Buyers guide CEP08030 UK government.
- Soft yet maintains position, and can be safely left in place. No hard plastic or metal.
- Washable. In the machine at 95 degrees or topically with an antiseptic solution.
- Has bacteria reducing material covers and is easy to use.

People with neurological problems such as **Head Injury, Stroke, cerebral palsy, Spina Bifida Multiple Sclerosis and Muscular Dystrophy** often have spasticity and contractures which lead to difficulties in bed positioning and comfortable seating.



Easy to use

POLYMOOVE cushion filling does not form «balls» and is suitable for all types of patients as well as all sitting or lying down positions. The density of the POLYMOOVE granules ensures the filling remains consistent and stable.

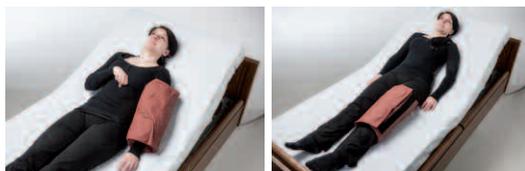
POL 130 Arm sleeve



Size M: 40 x 8,5 x 14 cm

Sleeve for arm POL 130

sizes: small, medium, large extra large and XXL



Contracted elbows or knees can cause pain and problems with hygiene, standing and walking. It also prevents movement in the arms and hands.

Pol 130 Relaxes hands and helps hand hygiene as well as providing a gentle stretch at the elbow joint.

TIP; One size sleeve can be used on both arms, interchangeably, and can sometimes be applied to the knees effectively.



To apply; open up and shake and pat the beads to distribute them evenly. Apply longest side to upper arm or thigh, Shortest edge to the ankle or forearm.

POL 191+192 Soft Hand Splint



POL Soft Hand Splint

Adult: POL 191 – «L+R»
Pediatric: POL 192 – «L+R»



This soft splint helps reduce contractures in the hands and prevents fungal problems in the palm. The terry towelling liner reduces excessive moisture.

POL 112 T-Roll



Size: 60 x 25 Ø / hT 25 cm

POL 112 «T Roll» for abduction and flexion of lower limbs

sizes: infant POL 113, pediatric P 111, adult P 112



This helps to prevent «scissoring» or adduction spasticity of the legs. Also helps to maintain hygiene by maintaining access to intimate areas.

Keeps heels off the bed to prevent pressure sores from developing.

TIP; Sometimes in the case of severe spasticity it is wise to start with the pediatric size and progress to the adult size.

POL 40 Roll



Size: Ø 18 x 70 cm

P40 and Pol 70



These 2 items used together also separate the legs and break up adductor spasticity.

TIP: More than 1 piece of P70 can be used for wider abduction if required.

POL 70 Abduction semi-circle (for protective cylinder)



POL 180 Wedge for adults



Size: 40 x 60 x 25 cm

POL 180 Triangles for knee contractures

sizes: Large: 40 x 60 x 40 cm
Medium: 40 x 60 x 25 cm
Small: 30 x 40 x 15 cm



When knees are contracted to different degrees try using different size triangles, and this way the knees are stretched to their maximum, comfortable length.

POL 120 size M Trough



Size: 55 x 58 x 24 cm

POL 120 size M, Trough

sizes: Adult: 120 M + L + S
Pediatric: POL 121
Infant: POL 122



Allowing the legs to externally rotate into a «frog leg position» as is often the case post CVA or in Spina Bifida patients encourages the shortening of key muscle groups, making sitting, standing and bed positioning very difficult.

The leg trough gently but firmly maintains muscle integrity for all hip muscles reducing contractures.

POL 190 Support wedge



Size: 60 x 80 x 30 cm

POL 190 Support wedge



Wedges and rolls facilitate bed sitting without shear

Promoting early sitting in bed without shear can be a problem. The wedge is particularly useful in the home.

POL 40 Roll



Size: Ø 18 x 70 cm

POL 112 T-Roll



Size: 60 x 25 Ø / hT 25 cm

About the OBA Sleep System...

The OBA Sleep System has a wide variety of pillows that come covered with a bacteria reducing cover called Obatex. It is flame resistant and flame retardant. A white Terry toweling lining can replace the Obatex lining if desired. This helps reduce perspiration. Inside each item are small oval shaped beads that conform for comfort but lock to provide positioning and support. Adjustments to the rigidity of the devices can be made by increasing or decreasing the number of beads after making a small opening along the seam.

Hand crafted
in Switzerland



Applying your sleep system is easy. Gently shake the beads, and apply, closing the Velcro straps. Ensure the straps are not too tight by checking capillary refill, skin color and by sliding 2 fingers between item and skin.



We at OBA welcome your comments and suggestions. If you would like a custom made item.

Or If you need some clinical advice please contact our product specialist Angela Pilski Occupational Therapist angelapilskiotr@hotmail.com or info@oba.ch



Selection OBA Sleep System

POL 130 Arm sleeve



**POL 191+192
Soft Hand Splint**



**POL 70 Abduction semi-circle
(for protective cylinder)**



POL 120 size M Trough



POL 40 Roll



POL 112 T-Roll



POL 105 Curved body roll



POL 20 Neck support



POL 92 Heel protection

