#### Ideal for total body conditioning and therapy!

- $\boldsymbol{\cdot}$  noticeably relieves spine and strengthens back musculature
- · encourages correct sitting
- · a proven medical device in physio therapy
- · use to sit on at home or school
- $\cdot$  including exercise poster and plug lifter
- · surface has a pleasant, friendly to the touch structure, extremely resistant to abrasion
- $\cdot$  for a user weight of up to 150 kg
- $\cdot$  sizes: Ø approx. 45 cm, 55 cm, 65 cm or 75 cm
- $\cdot$  available in 4 diameters and 4 colors

#### Securemax®-System:

For your safety – when punctured, the ball will not burst but loose air gradually.

## SISSEL® Gym Ball Cover

Turns your gym ball into a stylish piece of furniture (more information on page 31).











ITEM NUMBER	ATTRIBUTES
160.008	SISSEL® Securemax® Ball, Ø approx. 45 cm, blue-purple
160.020	SISSEL® Securemax® Ball, Ø approx. 45 cm, lime green
160.013	SISSEL® Securemax® Ball, Ø approx. 55 cm, blue-purple
160.011	SISSEL® Securemax® Ball, Ø approx. 55 cm, red
160.021	SISSEL® Securemax® Ball, Ø approx. 55 cm, lime green
160.010	SISSEL® Securemax® Ball, Ø approx. 65 cm, blue-purple
160.009	SISSEL® Securemax® Ball, Ø approx. 65 cm, red
160.012	SISSEL® Securemax® Ball, Ø approx. 65 cm, silver
160.022	SISSEL® Securemax® Ball, Ø approx. 65 cm, lime green
160.015	SISSEL® Securemax® Ball, Ø approx. 75 cm, blue-purple
160.014	SISSEL® Securemax® Ball, Ø approx. 75 cm, silver
160.023	SISSEL® Securemax® Ball, Ø approx. 75 cm, lime green





## SISSEL® Ball

#### The affordable way to keep fit!

- $\cdot$  the ideal fitness device and sitting aid
- · relieves spine, strengthens back musculature
- · improves correct sitting posture
- $\cdot$  for a user weight of up to 100 kg
- · sizes: Ø approx. 55 cm, 65 cm, 75 cm

Note: The SISSEL® Stabilizer offers a safe base and prevents the balls from rolling.







ITEM NUMBER	ATTRIBUTES
160.060	SISSEL® Ball, Ø approx. 55 cm, blue
160.061	SISSEL® Ball, Ø approx. 55 cm, red
160.062	SISSEL® Ball, Ø approx. 65 cm, red
160.063	SISSEL® Ball, Ø approx. 65 cm, blue
160.064	SISSEL® Ball, Ø approx. 75 cm, blue
160.065	SISSEL® Ball, Ø approx. 75 cm, red



## **Accessories**

- 1 SISSEL® Stabilizer holds the ball in place also when not used. Made from high-quality polypropylene.
- 2 Our 3-piece-set of **Stackers** provides a space-saving storage of 3 balls at a time (for ball diameters of Ø approx. 65 cm and up).
- 3 The ultra strong **Hand Pump** even works in case of strong counter pressure.

# Which size is right for me?

Measure the length of your arm from shoulder to hand. This measurement roughly corresponds to the required minimum diameter. Always choose the ball slightly larger in diameter!

ITEM NUMBER	ATTRIBUTES
160.016	SISSEL® Stabilizer, Ø approx. 45 cm, quadripartite, blue
160.017	Set of Stackers, acrylic, 3 pcs.
160.018	Hand Pump











