

SISSEL® PRESS-BALL & SISSEL® PRESS-EGG

Work your hands and forearms!

- permits a specific training of musculature and improves the mobility of hand and forearm
- works all muscles in your hand and fingers
- SISSEL® Press-Ball – especially suitable for finger therapy
- SISSEL® Press-Egg – ideal for hand rehabilitation
- available in 4 different resistances
- comes with exercise booklet



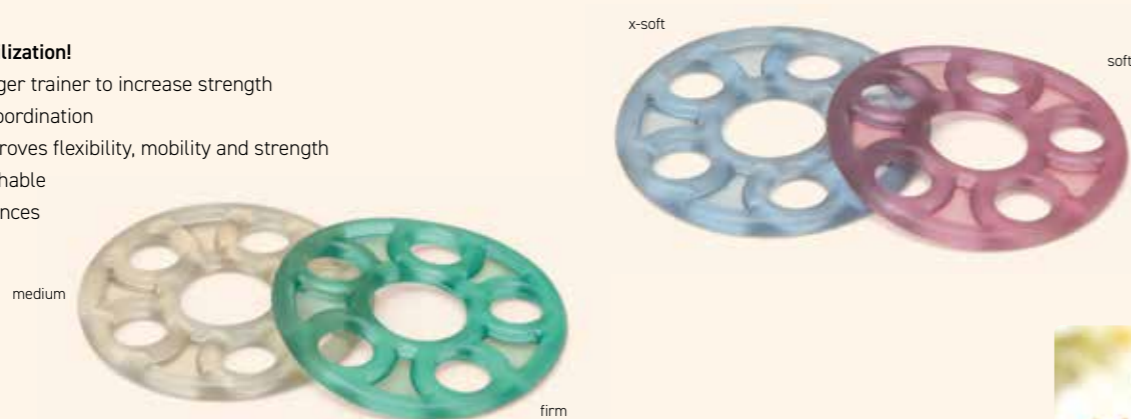
ITEM NUMBER	ATTRIBUTES
162.005	SISSEL® Press-Ball, pink (soft)
162.006	SISSEL® Press-Ball, blue (medium)
162.007	SISSEL® Press-Ball, green (strong)
162.008	SISSEL® Press-Ball, orange (x-strong)
162.011	SISSEL® Press-Egg, pink (soft)
162.012	SISSEL® Press-Egg, blue (medium)
162.013	SISSEL® Press-Egg, green (strong)
162.014	SISSEL® Press-Egg, orange (x-strong)



SISSEL® FINGER EXERCISER

Finger and hand mobilization!

- flexible hand and finger trainer to increase strength of hand and finger coordination
- regular exercise improves flexibility, mobility and strength
- PVC/Latex-free, washable
- available in 4 resistances



ITEM NUMBER	ATTRIBUTES
162.021	SISSEL® Finger Exerciser, 4 pcs., x-soft/soft
162.023	SISSEL® Finger Exerciser, 4 pcs., medium/firm



SISSEL® TWIN GRIP

Hand trainer – highly elastic, flexible and odor-free!

- maintains and increases flexibility
- promotes muscle build-up in rehabilitation
- relaxing
- set of 2 with 2 resistances (pink-soft/green-medium)
- material: TPE – recyclable



ITEM NUMBER	ATTRIBUTES
162.070	SISSEL® Twin Grip, set of 2



SISSEL® HAND GRIP

Designed to build up musculature in rehabilitation and sport therapy!

- designed for individually adjustable muscle build-up
- improves the mobility of fingers
- continuously adjustable
- anti-slip grip
- available in 2 different variations:
SISSEL® Hand Grip (orange): approx. 2-15 kg and
SISSEL® Hand Grip Sport (blue): approx. 5-20 kg



ITEM NUMBER	ATTRIBUTES
162.100	SISSEL® Hand Grip Sport, blue
162.101	SISSEL® Hand Grip, orange



SISSEL® PUTTY

Putty for finger and hand exercises!

- use to strengthen and mobilize the fingers and hands
- improves flexibility
- trains fine motor skills
- use after surgery, injuries of the hand or rheumatic ailments
- softer material, especially suitable for therapy and rehabilitation
- available in five different resistances, permit a continuous increase in training



ITEM NUMBER	ATTRIBUTES
162.015	SISSEL® Putty, ivory (x-soft), approx. 85 g
162.016	SISSEL® Putty, yellow (soft), approx. 85 g
162.017	SISSEL® Putty, red (medium), approx. 85 g
162.018	SISSEL® Putty, green (strong), approx. 85 g
162.019	SISSEL® Putty, blue (x-strong), approx. 85 g

