

# protect.Epi

## Intended purpose

protect.Epi is an elbow compression bandage with pads.

## Indications

All indications in which soft tissue compression with profile pads at the elbow is necessary, such as:

- Lateral epicondylitis or medial epicondylitis
- Osteoarthritis and arthritis

## Contraindications

None known at present.

## Risks / Side Effects

If the aids are too tight, this can cause local pressure sores or constriction of blood vessels or nerves. Therefore you should consult the doctor treating you before you use it if the following circumstances apply to you:

- Condition or injury of the skin in the area of application, particularly with infectious indications (excessive heat, swelling or reddening)
- Paraesthesia and circulatory disorders (e.g. as seen in diabetes, varicose veins)
- Lymph drainage disorders – equally, swelling of soft tissue adjacent to the area of application which is not related to a condition

When wearing snug-fitting aids, this can result in localised skin inflammation or irritation that is due to mechanical irritation of the skin (particularly in conjunction with sweating) or due to the composition of the material.

## Intended patient groups

Healthcare professionals should provide care to the adults and children, applying the available information on the measurements/sizes and necessary functions/indications and in line with the information provided by the manufacturer, and acting under their own responsibility.

## Note on wearing

Supports have the greatest effect during physical activity. In principle, the support can be worn throughout the day. During long periods of rest (e.g. sleeping), the support should be removed.

## Instructions for fitting

- Grasp the upper end of the support and pull this over the elbow till the crook of the arm is in the middle of the support (Fig. 1+2).
- The support is sitting properly when the internal and external bony prominences (epicondyles) are readily palpable through the gaps in the pads (Fig. 3).
- The strap enables the pressure to be regulated for each individual, depending on what their body requires (tightening, loosening). If required, the strap can also easily be removed whilst the device is being worn (Fig. 4).

## Care instructions

Soap residues, lotions and ointments can cause skin irritation and material wear.

- Wash the product by hand, preferably using a medicated detergent, or in delicate cycle at

30°C using a mild detergent without fabric conditioners.

- Do not bleach.
- Leave to dry naturally.
- Do not iron.
- Do not dry clean.



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### Storage instructions

Keep the product in a dry place and do not expose to direct sunlight.



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### Material composition

Polyamide, Elastane

### Liability


The manufacturer's liability will become void if the product is not used as intended. Please also refer to the corresponding safety information and instructions in this manual.

### Disposal

The product can be disposed of in the domestic waste.



In the event of any complaints regarding the product such as damage to the fabric or a fault in the fit, please report to your specialist medical retailer directly. Only serious incidents which could lead to a significant deterioration in health or to death are to be reported to the manufacturer or the relevant authorities in the EU member state. The criteria for serious incidents are defined in Section 2, No. 65 of the Regulation (EU) 2017/745 (MDR). The

traceability of this product is assured via a UDI code .